

REF: 102 TOP 10 TIPS FOR BIG SAVINGS

	Average Annual Savings
1. Boil only the amount of water you need in the kettle - using the correct amount saves around £5 a year.	£5
2. Hang washing out to dry when you can - if you avoid using a tumble drier in the summer you'll save around £35 a year	£35
3. Turn the room thermostat down by 1° and you could save 10% on your fuel bill (average 3 bed semi-detached house) saving around £29 a year	£29
4. Fit low energy light bulbs where possible - 4 low energy light bulbs on for 5 hours a day saves around £23 a year	£23
5. Take a shower instead of a bath - a shower uses less than half the amount of hot water - and save around £10 per year per person.	£10
6. Turn off the taps properly and save around £5 a year. A dripping hot tap will fill a bath in one day.	£5
7. Put the plug in (leaving the hot water taps running without the plug in is wasteful) and save around £15 a year.	£15
8. Set the hot water cylinder to 60° - 65° (water shouldn't be heated to scalding temperature - for most people 60° - 65° is adequate) and save around £15 a year	£15
9. Insulate your hot water cylinder. This costs around £15 and will more than pay for itself in a year.	£15
10. Close the curtains at dusk and save around £15 a year	£15
TOTAL SAVING	£167

Mission Statement

SCARF aims to work through partnership to promote sustainable use of energy, eradicate fuel poverty and create sustainable employment and training opportunities.

Core Objectives

- + To provide free impartial and accessible energy efficiency advice and information services to help save energy, save cash and help save the environment.
- + To encourage investment in energy efficiency and renewable energy measures and grant take up for property improvements to achieve affordable warmth.
- + To create sustainable employment and training opportunities.

SCARF Provides

One Stop Energy Advice Shop offers free impartial advice and information:

- + Energy efficiency in the home, business and the community
- + Renewable energy in the home, business and the community
- + Grants for loft and cavity wall insulation
- + Grants for draughtproofing
- + Grants for central heating
- + Grants for renewable energy installations
- + Paying for fuel and fuel suppliers
- + Choice and operation of heating and hot water systems

SCARF also offers:

- + Home visits
- + Home energy checks
- + Presentations and informal training
- + NVQ and City & Guilds Qualifications

QUICK FIXES TO CUT FUEL COSTS

1. **Switch** off lights if they aren't needed.
2. **Make** better use of natural light by keeping windows clean and clear of creeping plants.
3. **Keep lids on pans** - more than a quarter of fuel is wasted when you cook food without a lid.
4. **Choose the fan setting** - if you have a multifunction electric oven. This will cut consumption by 20%.
5. **Cook with your microwave**. It uses around 80% less electricity than a conventional oven.
6. **Switch off your television** don't leave on standby as it is still using electricity.

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